



— THE CENTER FOR —  
**AGING IN PLACE**

### Background

- Between 2006 and 2030, the U.S. population of adults aged 65 and over will nearly double from 37 million to 71.5 million<sup>1</sup>.
- Most Americans prefer to stay in their own homes as they get older rather than moving to an assisted living facility or retirement community.
- Staying in their own home allows people to maintain their connections to family, friends and neighbors in their community. It also enables them to continue relationships with trusted business and service providers.
- Neighborhood residents across the country have banded together to create “aging in place” or “villages” to help them remain independent and happy at home.
- Members pay an annual fee to access a range of home-based services that typically includes information and referrals, transportation, companionship, social and wellness programs, home maintenance and repairs and help with local errands. Some services are included in the membership fee and others are provided by a network of pre-screened providers at a discounted rate.
- Currently, there are more than 50 registered Village organizations in the US and many more in development. Westchester County has eight active AIP programs and three in development.

### Why Age in Place?

#### **Benefits to Members**

- Social contacts through luncheons, trips, educational programs and other group activities
- Referrals to screened service providers and volunteers who can meet the member’s need for services
- Referral to services provided by agencies or local government
- Transportation to shopping and medical appointments
- Friendly visits and assistance to people unable to leave their home
- Discounts or other benefits from service providers, local stores and merchants
- Reduces isolation

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<sup>1</sup> Federal Interagency Forum on Aging-Related Statistics, *Older Americans 2008: Key Indicators of Well-Being. Federal Interagency Forum on Aging-Related Statistics.* (Washington, DC: U.S. Government Printing Office, March 2008).

### **Benefits to the Community**

- Builds and strengthens communities - older adults are more generative and have time to share their experience, expertise and wisdom
- Delays the need for expensive institutional care.
- Encourages volunteerism
- Promotes intergenerational relationships
- Opens up a market for savvy entrepreneurs who want to develop new products and services for older adults.
- Generates revenue - older adults who age in community are taxpayers. Many shop locally - supporting local and area businesses and service providers. According to Americans 50 and older - who make up just over a third of the population -have 80 percent of the financial assets and 50 percent of the discretionary income.
- Creates new jobs

### **The Center for Aging in Place**

#### **Benefits**

- Information, education and resources to help groups start and launch an AIP program
- Fiscal sponsorship for new groups which allows them to qualify for tax exempt donations.
- Small grants to help groups start an AIP program.
- A “how to” guide that features best practices for starting an AIP program.
- Monthly Village Council meetings, a networking and education forum for AIP group members and leaders.
- Free access to MyAIP, a proprietary database for the management of aging in place programs
- Innovative training programs to build teamwork and promote patient advocacy.
- Technical assistance for marketing, business management, programming and other important activities
- Liability insurance for certain group activities